The New Chest Physiotherapy.
(cf: Guy Postiaux)
Unique in the UK, Baby Physio: the respiratory specialists offers to his patients with cystic fibrosis a new quality of life with modern and efficient technique.
✓ Less binding for patients with cystic fibrosis.
✓ Based on slow expiration, it is more efficient to clear lungs.
✓ Shorter sessions for a better effect
✓ Gentler technique better adapted to children
✓ Result of almost 20 years of research in collaboration with doctors and engineers.
✓ Used and improved for more than 15 years in France, Belgium, Switzerland and USA and now in the UK.

More than Chest Physiotherapy.
✓ Exercise programs to teach patients how to strengthen their diaphragm.
✓ Exercise programs to teach patients how to stretch their ribcage for a more efficient breathing.
✓ Teaching abdominal breathing for a better blood oxygenation.
✓ Teaching autogenic drainage.
✓ Nebulizer, inhaler & physical activity.

Our Team.
Specialised physiotherapists with 10 to 25 years of experience in respiratory for adults and children.